

## Body, Soul, and Spirit

### **Different views of mankind:**

Greek Mind-body dualism vs. Judeo-Christian tripartite view

Nature of human affliction, biopsychosocial model

- Soma: body, physical, biological
- Psyche: interpersonal, emotional, psychological
- Social: interpersonal, family systems, group influences
- all considered to be objectively verifiable
- open to scientific study, knowledge
- therefore part of medicine

Spiritual considered to be realm of religious belief

- Pneumo: breath or wind
- not visible, a matter of personal opinion
- not open to scientific study or knowledge?
- therefore usually left to religious authorities

However, human beings are integrated whole beings

- Spiritual issues are often at center of illness, recovery

### **Selected Scripture References:**

*1 Thessalonians 5.23*

*Hebrews 4.12*

*Psalm 23.3*

*1 Peter 2.11*

*1 Corinthians 2.11 ff*

### **Definition and description of terms:**

- Body or “soma” (e.g., somatic symptoms or illness)
- Soul or “psyche” (e.g., psychiatric affliction)
- Spirit or “pneumo” (e.g., pneumatic tires?)

### **Anatomy of the Human Soul**

**Energy Balance and Resistance in Whole Person Care** (see next teaching link)

**Clinical integration**, biopsychosocial with faith-related inquiry and prayer